



SEPTEMBER 2021

U-46 SECONDARY LUNCH MENUS

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MENU QUESTIONS?

all Christine Cliff,
U-46 District Dietitian,
at (847) 888-5000 X 5084

ALTERNATIVE HOT ENTREES

MAY BE AVAILABLE FROM:

BREADED CHICKEN or
SPICY CHICKEN SANDWICHES

FRESH HOUSE MADE
CHEESE or PEPPERONI PIZZA

CHEESEBURGER or HAMBURGER

CORN DOG or ALL BEEF HOT DOG



ALTERNATIVE COLD ENTREES

MAY BE AVAILABLE FROM:

PBT SANDWICH & CHEESE STICK

GRAB 'n GO SALADS

OR

GRAB 'n GO SANDWICHES

YOU MUST TAKE A FULL SERVING
OF FRUITS AND/OR VEGETABLES TO
MAKE YOUR MEAL COMPLETE

Menus subject to change.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Always Fresh</i> 30</p> <p>MAIN ENTREE</p> <p>CHICKEN PATTY on a FRESH BAKED BUN OR PIZZA BITES CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>31</p> <p>TACOS, TACOS, TACOS CHOOSE YOUR FIESTA STYLE CHOOSE YOUR TACOS FROM YOUR CHOICE OF MEAT, CHEESE, PEPPERONI, EAT, VEGGIES, & AWESOME TOPPING CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p><i>House Made - Fresh Baked</i> 1</p> <p>PIZZA</p> <p>CHEESE, PEPPERONI, or HOUSE MADE SPECIALTY CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>2</p> <p>POPCORN CHICKEN BOWL or PLANT BASED CHICKEN NUGGET BOWL CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>3</p> <p>PHILLY CHEESESTEAK w/PEPPERS & ONIONS or CRUNCHY TORTILLA CHIPS w/BEAN DIP & CHEESE SAUCE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>
<p>6</p> <p>HAPPY LABOR DAY!!! NO SCHOOL!!</p> <p>30</p> <p>CHICKEN & WAFFLES or CHEESE QUESADILLA SEASONED WEDGES CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>7</p> <p>CHEESE QUESADILLAS W/ ASSORTED TOPPING CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>8</p> <p>CHOICE OF HOUSE MADE FRESH BAKED PIZZA CHEESE, PEPPERONI, or SEASONAL VEGGIE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>9</p> <p>TOP YOUR MAC & CHEESE GARLIC BREAD or BOSCO STICKS w/MARINARA DIPPING SAUCE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p><i>Made to Order</i> 10</p> <p>CLASSICS</p> <p>BBQ RIB SANDWICH or PIZZA BITES CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>
<p>13</p> <p>CHICKEN & WAFFLES or CHEESE QUESADILLA SEASONED WEDGES CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>14</p> <p>NACHOS, NACHOS, NACHOS TORTILLA CHIPS BUILD 'EM YOUR WAY with CHOICES of EAT, VEGGIES, & AWESOME TOPPING CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>15</p> <p>CHOICE OF HOUSE MADE FRESH BAKED PIZZA CHEESE, PEPPERONI, or SAUSAGE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>16</p> <p>RICE BOWL INCLUDES YOUR CHOICE OF: ORANGE CHICKEN or VEGETARIAN EDAMAME CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>17</p> <p>BURGER DAY BUILD YOUR BETTER BEEF BURGER or BUILD YOUR BETTER VEGGIE BLACK BEAN BURGER SIDEWINDER FRIES CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>
<p>20</p> <p>TOSSED POPCORN CHICKEN w/DINNER ROLL or CHEESY RAVIOLI w/MARINARA w/GARLIC BREADSTICK CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>21</p> <p>TACO MADNESS MEAT CHOICES, VEGGIES & MORE MAKE IT A FIESTA CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>22</p> <p>CHOICE OF HOUSE MADE FRESH BAKED PIZZA CHEESE, PEPPERONI, or SUPREME CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>23</p> <p>MEATBALL SUB OR MOZZARELLA STICKS W/MARINARA SAUCE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>24</p> <p>INSTITUTE DAY</p>
<p>27</p> <p>CHICKEN TENDERS w/DINNER ROLL or GARLIC CHEESE BREAD w/MARINARA DIPPING SAUCE CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>28</p> <p>BURRITO BOWL MEAT CHOICES, VEGGIES, RICE AND MORE! MADE WHILE YOU WAIT CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>29</p> <p>CHOICE OF HOUSE MADE FRESH BAKED PIZZA CHEESE, PEPPERONI, CHEESE, PEPPERONI, or HOUSE MADE SPECIALTY CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>30</p> <p>SPICY OR REGULAR CHICKEN PATTY OR EDAMAME W/ EXOTIC GRAINS CHOICE OF FRUIT & VEGETABLES MILK SELECTION</p>	<p>FREE MEALS FOR ALL STUDENTS</p>